

To report suspected
child abuse or neglect
please call
1-800-842-2288

APRIL IS CHILD ABUSE PREVENTION MONTH

BRINGING THE CHILDREN OF
CONNECTICUT HOPE AND POSSIBILITIES

What It Takes To Be A Nurturing Parent

Begin today by being a positive parent or caretaker and help other family members, friends, and neighbors be positive parents too.

- ◆ Be a nurturing parent and make children a priority.
- ◆ Show and tell your children that you love them everyday.
- ◆ Let your children know you are happy to be with them.
- ◆ Give children the sense of security, belonging and support.
- ◆ Catch your children being good and give them lots of praise.

Really listen to your children.

Give children your undivided attention when they are talking. Be patient and remember that children move at a different pace when they tell a story about their day.

Spend time with your children.

- ◆ Make some special time for each of your children. Play with them, talk with them, and read with them.
- ◆ Keep your promises.
- ◆ Let your children help with household projects.
- ◆ Tell your children about your own childhood.
- ◆ Go to the zoo, museums and ball games as a family.
- ◆ Make and fly a kite together.
- ◆ Play outside, play a board game, do an art project or other creative activity.

Set a good example.

- ◆ Use good manners.
- ◆ Set clear, consistent limits.
- ◆ Consider how your decisions will affect your children.
- ◆ Open a savings account for college education.
- ◆ Resolve conflicts quickly.
- ◆ Take your children to your place of worship.
- ◆ Allow yourself a time-out when needed and do something for yourself.

Reach out to other family members, friends and neighbors.

- ◆ Isolation is often a contributing factor to child abuse. Lack of a support system and the feelings of being stressed and alone can intensify problems. Talk to family, friends and neighbors about parenting.
- ◆ Join a parent support group.
- ◆ Get involved in something where you can socialize with other parents.

Take part in Prevention Efforts.

Raise awareness, become an advocate, volunteer, **make a donation**

Know the Warning Signs of Abuse and Report It



**Covenant to Care
for Children**

Helping Connecticut's Children in Need.

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OF NEGLECT PLEASE CALL
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To learn more or make a donation:

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Call:

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Fax: 1-860-243-0100

120 Mountain Ave, Suite 212

Bloomfield, CT 06002-5003

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